

**COUNCIL OF THE CITY OF ABERDEEN**  
**Resolution No. 14-R-14**

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**Introduced By:** Mayor Michael E. Bennett  
**Date Introduced:** October 27, 2014  
**Date Adopted:** October 27, 2014  
**Date Effective:** October 27, 2014

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**RESOLUTION NO. 14-R-14**

**A RESOLUTION OF THE CITY OF ABERDEEN FOR THE PURPOSE  
OF SETTING FORTH A COMMITMENT TO OBESITY PREVENTION  
FOR THE HEALTHY EATING ACTIVE LIVING (HEAL) INITIATIVE**

1 WHEREAS, in January 2013, the Maryland Municipal League entered into a memorandum of  
2 understanding with the Institute for Public Health Innovation to work collaboratively on the HEAL  
3 Cities & Towns Campaign; and  
4

5 WHEREAS, chronic disease among both children and adults are correlated to environments with  
6 few or no options for healthy eating and active living; and  
7

8 WHEREAS, one in three youth in Maryland is overweight or obese and more than half of  
9 Maryland's adults are overweight or obese and therefore at risk for diabetes, heart disease, cancer,  
10 arthritis, stroke, and hypertension; and  
11

12 WHEREAS, the City of Aberdeen has the ability to influence healthy choices for its residents; and  
13

14 WHEREAS, the City of Aberdeen has the ability to influence planning and construction that  
15 encourages walking, biking, and other forms of physical activity; and  
16

17 WHEREAS, supporting the health of residents and the local workforce would decrease chronic  
18 disease and health care costs and increase productivity.  
19

20 NOW, THEREFORE, BE IT RESOLVED that the City of Aberdeen adopts this Healthy Eating  
21 Active Living Resolution as follows.  
22

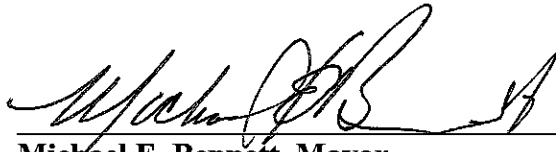
23 BE IT RESOLVED, that the Mayor and Council of the City of Aberdeen do hereby recognize  
24 that obesity is a serious public health concern and that a commitment is needed to put healthy  
25 choices within reach of residents to support individual efforts toward healthier choices.  
26

27 BE IT FURTHER RESOLVED that the City of Aberdeen shall make an effort to design streets  
28 and roads to be safe for all users including motorists, bicyclists, pedestrians, and the  
29 handicapped.

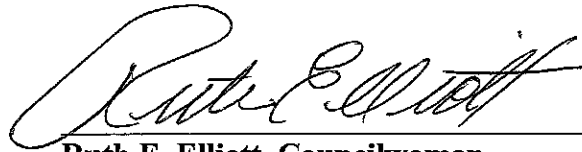
1 BE IT FURTHER RESOLVED that in order to promote wellness within the City of Aberdeen  
2 and to set an example for the residents that the City serves, the City pledges to adopt and  
3 implement workplace wellness opportunities that will make healthy foods available in the  
4 municipal workplace.

5  
6 LET IT BE FURTHER RESOLVED, that this Resolution shall take effect from the date of its  
7 passage.

**COUNCIL OF THE CITY OF ABERDEEN**



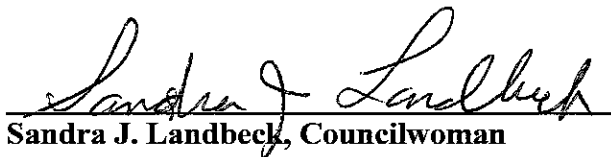
**Michael E. Bennett, Mayor**



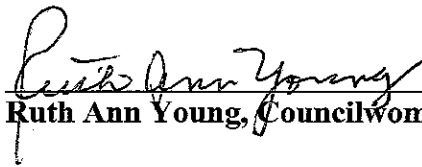
**Ruth E. Elliott, Councilwoman**



**Bruce E. Garner, Councilman**



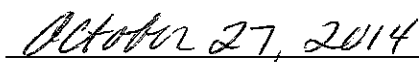
**Sandra J. Landbeck, Councilwoman**



**Ruth Ann Young, Councilwoman**

**ATTEST:**

**SEAL:**

  
**Monica A. Correll, City Clerk**  
**Date**