

RESOLUTION NO. 13-2017

SETTING FORTH THE TOWN OF BIG STONE GAP'S COMMITMENT TO OBESITY PREVENTION

WHEREAS, the obesity rate for teens and adults in our communities is increasing at an alarming rate; and

WHEREAS, supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; and

NOW, THEREFORE, LET IT BE RESOLVED that the Big Stone Gap Town Council hereby recognizes that obesity is a serious public health threat to the health and wellbeing of adults, children and families in Big Stone Gap and a commitment is needed to put healthy choices within reach of all residents. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, The Town of Big Stone Gap Town Council adopts this Healthy Eating Active Living resolution:

BE IT FURTHER RESOLVED that The town of Big Stone Gap planners, engineers, Parks and Recreation Department, community economic and redevelopment personnel responsible for the design and construction of parks, neighborhoods, streets, and business areas should make every effort to:

- Update Their Comprehensive Plan to:
 - Include provisions in their comprehensive plan that promote bikeability and walkability
 - Include strategies that promote public safety/crime prevention through environmental design
- Design Streets/Roads to be safe for all users (motorists, bicyclists, pedestrians, handicapped persons) using one or more of the following strategies:
 - Adopt a Complete Streets Policy
 - Promote slower vehicular traffic through Traffic-Calming Measures
 - Adopt a policy to paint bike lanes/shared use ("sharrows") when re-paving/painting roads
 - Adopt a policy to stripe crosswalks when re-paving/painting roads

Access to Affordable Nutritious Foods

BE IT FURTHER RESOLVED that The Town of Big Stone Gap planners and community economic personnel responsible for the design of parks, neighborhoods, streets, and business areas should make every effort to:

- Create/Promote Farmers' Markets using the following strategy:
- Establish a Memorandum of Understanding or Joint Use Agreement formalizing the use of land for Farmers' Market

- Develop/Promote Community Gardens, Urban Agriculture, and/or Urban Farming using one or more of the following strategies:
 - Develop a process by which vacant land becomes available for community gardens/urban agriculture
 - Designate public land for community garden/urban agriculture use
 - Provide public resources for community garden (i.e. town pays for water)

Municipal/Town Workplace Wellness

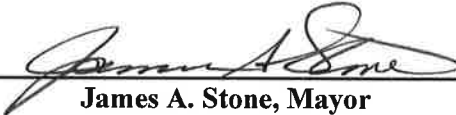
BE IT FURTHER RESOLVED that in order to promote wellness within The Town of Big Stone Gap, and to set an example for other businesses, The Town of Big Stone Gap pledges to adopt and implement a workplace wellness policy that will:

- Make healthy foods available in the municipal workplace using one or more of the following strategies
 - Ensure that water is readily available in municipally owned buildings
 - Establish a healthy vending policy
- Encourage physical activity in the municipal workplace using one or more of the following strategies:
 - Establish physical activity breaks for meetings over two hours in length
 - Allow/encourage walking meetings.

BE IT FURTHER RESOLVED that The Town of Big Stone Gap Staff shall work with HEAL Cities & Towns Campaign Staff to explore HEAL policies and to identify those policies that are suitable for the Town's unique local circumstances.

ADOPTED this 11th day of April, 2017.

TOWN OF BIG STONE GAP



James A. Stone, Mayor

ATTEST:



Judy C. Hall, CMC
Town Clerk/Treasurer

RECORDED VOTE:

Ayes: Bailey, Bloomer, Gilley, Johnson, Robbins, Stone
Nays: None Abstain: None Absent: Lyke