



THE TOWN OF BURKITTSVILLE, MARYLAND

Deborah Burgoyne, Mayor - Tammy Drake, Clerk Treasurer

Council Members: John Drake, Rebecca Remaley, Rachel D. Carballo

HEALTHY EATING ACTIVE LIVING BURKITTSVILLE RESOLUTION

RESOLUTION NO. 1 SETTING FORTH BURKITTSVILLE'S COMMITMENT TO PROMOTE
HEALTHY EATING AND ACTIVE LIVING

Preamble

WHEREAS, in January 2013, the Maryland Municipal League signed a memorandum of understanding with the Institute for Public Health Innovation to work collaboratively on the HEAL Cities & Towns Campaign; and

WHEREAS, high rates of costly chronic disease such as obesity, diabetes, heart disease, cancer, arthritis, stroke and hypertension among both children and adults are correlated to environments with few or no options for healthy eating and active living; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, the City/Town has the ability to affect the health of its residents and employees; and

WHEREAS, planning and creating an environment that encourages and provides access to healthy eating and active living can promote health; and

WHEREAS, supporting the health of residents and the local workforce through the adoption and implementation of healthy eating and active ^{living} can reduce health care costs, improve health and quality of life and attract economic development;

NOW, THEREFORE, LET IT BE RESOLVED that the Burkittsville Council hereby recognized that a commitment is needed to create environments that enable residents and government employees to make healthy choices safely, conveniently, and affordably. While individual lifestyle changes are necessary, individual effort alone is insufficient. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, Burkittsville adopts this Healthy Eating Active Living (HEAL) resolution:

Physical Activity, Active Transportation, and Land Use

BE IT FURTHER RESOLVED that Burkittsville planners, engineers, community economic and redevelopment personnel responsible for the design and construction of parks, neighborhoods, streets, and business areas should make every effort to:

- Update Comprehensive Plan to:
 - Include provisions in the Comprehensive Plan that promote bikeability and walkability
 - Include strategies that promote public safety/crime prevention through environmental design

- Design Streets/Roads to be safe for all users (motorists, bicycles, pedestrians, handicapped) using the following strategy(ies):
 - Promote Slower Vehicular Traffic Through Traffic Calming Measures
 - Adopt a policy to stripe crosswalks when re-paving/painting roads

- Include Health in all Policies:
 - When making any decisions that impact the town, consider the health implications of the decision

Implementation

BE IT FURTHER RESOLVED that the head of each affected agency or department should report back to the Burkittsville Council annually regarding steps taken to implement the Resolution, additional steps planned, and any desired actions that would need to be taken by the Council.

BE IT FURTHER RESOLVED that Burkittsville Staff shall work with HEAL Cities & Towns Campaign Staff to explore HEAL policies and to identify those policies and practices that are suitable for Burkittsville 's unique local circumstances.


BE IT FURTHER RESOLVED that Staff will report back to this Council with recommendations for implementation no later than 90 days from the date of this Resolution.



 Deborah R. Burgoyne, Mayor

4/10/17


 Date



 John A. Drake, Mayor Pro Tempore

4/10/17

 Date



 Rachel D. Carballo, Council

4/10/17

 Date



 Rebecca Remaley, Council

4-10-17

 Date