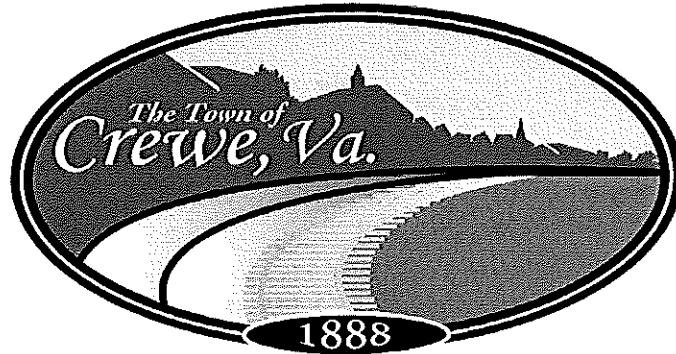


Mayor
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Town Manager
W. Wade Walker

Police Chief
Arthur A. Booth, II

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Tessie B. Bacon



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Phil Miskovic
Steve Sisk, Jr.
John A. Spencer
Anne Stinson

Healthy Eating, Active Living

WHEREAS, the Town of Crewe has the ability to affect the health of its residents; and

WHEREAS, improving existing infrastructure and planning constructions that encourage walking, biking, and other forms of physical activity can promote health; and

WHEREAS, Polling and ranking organizations are consistently using health as a metric for determining desirability for healthier communities are more desirable locations to visit, own or operate a business, and raise a family; and

WHEREAS, more than half of Virginia's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in three youth in Virginia is overweight or obese; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; and

NOW, THEREFORE, LET IT BE RESOLVED that the Crewe Town Council hereby recognizes that obesity is a serious public health threat to the health and wellbeing of adults, children and families The Town of Crewe, and a commitment is needed to put healthy choices within reach of all residents. To that end, The Town of Crewe adopts this Healthy Eating Active Living resolution:

I. Economic and Community Development

BE IT FURTHER RESOLVED that the Town of Crewe should make every effort to:

- Improve existing infrastructure and planning constructions that encourage walking, biking, and other forms of physical activity

- Address walking and biking connectivity between residential neighborhoods, parks, recreational resources, and business areas, including creating a pedestrian crossing across 460 at or near the park
- Expand community access to indoor and outdoor public facilities through joint use agreements with all partners

II. Healthy Food Access

BE IT FURTHER RESOLVED that The Town of Crewe, should make every effort to:

- Explore opportunities for new grocery stores, community gardens and farmers markets to increase access to healthy food, including fresh fruits and vegetables;
- Explore incentives for development project proposals to increase access to healthy foods by residents and employees;

III. Implementation

BE IT FURTHER RESOLVED that the Town of Crewe shall establish a taskforce to recommend ideas, solutions, and strategies for improving the health of the Town.


Taskforce members should include representatives from the following entities:

- The Youth Recreation Association
- The Crewe Country Club
- A local eatery
- The Chamber of Commerce
- Other engaged citizens

The responsibilities of the Taskforce shall include:

- Utilizing a SWOT analysis, perform a needs assessment of healthy eating/active living resources in the Town and surrounding areas
- Developing an action plan, for launching proven policies, programs and/or initiatives aimed at increasing access to healthier options
- Establish local engagement in achieving a healthier community
- Recommend health goals and policies related to access to healthy food in comprehensive plan update

BE IT FURTHER RESOLVED that the Town of Crewe shall work with HEAL Cities & Towns Campaign Staff to explore HEAL policies and to identify those policies that are suitable for the Town's unique local circumstances. The Taskforce shall report back to the Council by the regularly scheduled September meeting.



 Lee Simmons, Mayor