

RESOLUTION 2017-30

RESOLUTION COMMITTING TO CREATING HEALTHY LIVING POLICIES TO MEET LOCAL NEEDS IN PARTNERSHIP WITH THE HEALTHY EATING AND ACTIVE LIVING (HEAL) CITIES AND TOWNS CAMPAIGN

- WHEREAS, supporting the health of residents and the local workforce through the adoption and implementation of policies promoting healthy eating and active living can reduce health care costs, improve health and quality of life, and attract economic development; and
- WHEREAS, rates of costly chronic disease such as diabetes, heart disease, cancer, arthritis, stroke and hypertension among both children and adults are correlated to environments with few options for healthy eating and active living; and
- WHEREAS, more children are being diagnosed with diseases previously seen only in adults, such as Type 2 diabetes and heart disease, because they are overweight or obese; and
- WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and
- WHEREAS, the Healthy Eating Active Living (HEAL) campaign is an initiative of the Institute for Public Health Innovation in partnership with the Virginia Municipal League and Maryland Municipal League; and
- WHEREAS, in January 2013, the Virginia Municipal League entered into a memorandum of understanding with the Institute for Public Health Innovation to work collaboratively on the HEAL Cities and Towns Campaign; and
- WHEREAS, planning and creating an environment that encourages and provides access to healthy eating and active living can promote health; and
- WHEREAS, a commitment is needed to create environments that enable residents and municipal employees to make healthy choices safely, conveniently, and affordably; and
- WHEREAS, significant societal and environmental changes are needed to support individual efforts to make healthier choices; and
- WHEREAS, while individual lifestyle changes are necessary, individual effort alone is insufficient to achieve these changes; and

WHEREAS, the City of Falls Church has the ability to improve the health of its residents and employees through making a commitment to policies and actions that promote healthy eating and active living;

NOW THEREFORE, BE IT RESOLVED by the City Council of the City of Falls Church, Virginia, that the City of Falls Church hereby commits to identifying and creating healthy living policies in partnership with the HEAL Cities and Towns Campaign to meet local needs in the areas of physical activity, active transportation, land use, healthy food access, and municipal workplace wellness.

Reading: 9/11/17
Adoption: 9/11/17
(TR17-33)

IN WITNESS WHEREOF, the foregoing was adopted by the City Council of the City of Falls Church, Virginia on September 11, 2017 as Resolution 2017-30.



Celeste Heath
City Clerk