

**A RESOLUTION OF THE MAYOR AND COUNCIL OF FEDERALSBURG
ESTABLISHING THE TOWN OF FEDERALSBURG'S
COMMITMENT TO OBESITY PREVENTION**

Preamble

WHEREAS, in January 2013, the Maryland Municipal League entered into a memorandum of understanding with the Institute for Public Health Innovation to work collaboratively on the HEAL Cities & Towns Campaign; and

WHEREAS, the Town of Federalsburg has the ability to affect the health of its residents; and

WHEREAS, planning and constructing a built environment that encourages walking, biking, and other forms of physical activity can promote health; and

WHEREAS, high rates of costly chronic disease among both children and adults are correlated to environments with few or no options for healthy eating and active living; and

WHEREAS, more than half of Maryland's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in three youth in Maryland is overweight or obese; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Marylanders;

WHEREAS, the annual cost to Maryland—in medical bills, workers compensation and lost productivity— for overweight, obesity, and physical inactivity, exceeds \$3 billion;

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese;

WHEREAS, supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; and

NOW, THEREFORE, LET IT BE RESOLVED that the Mayor and Council of Federalsburg hereby recognize that obesity is a serious public health threat to the health and wellbeing of adults, children and families in Mayor and Council of Federalsburg and a commitment is needed to put healthy choices within reach of all residents. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising

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tion. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, the Mayor and Council of Federalsburg adopts this Healthy Eating Active Living resolution:

Physical Activity, Active Transportation, and Land Use

BE IT FURTHER RESOLVED that the Mayor and Council of Federalsburg, and its planners, engineers, parks and recreation department, community economic and redevelopment personnel responsible for the design and construction of parks, neighborhoods, streets, and business areas should make every effort to:

- Update Comprehensive Plan to:
 - Include provisions in your comprehensive plan that promote bikeability and walkability
 - Include strategies that promote public safety/crime prevention through environmental design
 - Prioritize Transit-Oriented and Mixed-Use Development
 - Developing Transit Bus Sites Shelters in areas of need.
- Design Streets/Roads to be safe for all users (motorists, bicycles, pedestrians, handicapped) using the following strategy(ies):
 - A Complete of Streets with needs and improvements listed.
 - Promote Slower Vehicular Traffic Through Traffic Calming Measures
 - Adopt a policy to stripe crosswalks when re-paving/painting road
 - Create and maintain ADA Curb cut areas along Town Streets
- Increase access to facilities using the following strategy(ies):
 - Establish Joint Use Agreements for existing facilities, such as: school playgrounds and pools
- Use Development Tools to:
 - Adopt a Form Based Code Zoning Ordinance
 - Require developers to include usable space for physical activity and recreation or pay a fee
 - Institute a Complete Streets requirement for new development
 - Town codes based on the Livability Concept.
- Involve the Community in determining your city/towns' policy needs around physical activity, transportation, and land use using the following strategy(ies):
 - Create an Active Living Community Policy Council tasked with identifying recommendations for the municipality to follow.

Access to Affordable Nutritious Foods

The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that every entry should be supported by a valid receipt or invoice. This ensures transparency and allows for easy verification of the data.

In the second section, the author outlines the various methods used to collect and analyze the data. This includes both primary and secondary data collection techniques. The primary data was gathered through direct observation and interviews, while secondary data was obtained from existing reports and databases.

The third section details the statistical analysis performed on the collected data. This involves the use of descriptive statistics to summarize the data and inferential statistics to test hypotheses. The results of these analyses are presented in a clear and concise manner, highlighting the key findings of the study.

Finally, the document concludes with a summary of the findings and their implications. It discusses the limitations of the study and suggests areas for future research. The overall goal is to provide a comprehensive overview of the research process and its results.

BE IT FURTHER RESOLVED that the Mayor and Council of Federalsburg planners, community economic personnel responsible for the design and of parks, neighborhoods, streets, and business areas, should make every effort to:

- Create/Promote Farmers' Markets using the following strategy/strategies:
- Establish a Memorandum of Understanding or Joint Use Agreement formalizing use of land for Farmers' Market
 - Encourage SNAP/EBT to be accepted at farmers market
 - Institute guidelines and/or zoning controls that allow Farmers' Markets
- Develop/Promote Community Gardens, Urban Agriculture, and/or Urban Farming using the following strategy (ies):
 - Develop a process by which vacant land becomes available for community gardens/urban agriculture
 - Adopt a Community Garden/Urban Agriculture Ordinance to promote and protect community gardens and urban agriculture
 - Adopt zoning ordinances that allow backyard poultry.
 - Involve the Community in determining your city/towns' policy needs around accessible, affordable, nutritious foods using the following strategy/ies:
 - Create a Food Policy Council or Task Force tasked with identifying recommendations for the City/Town to follow.
 - Create a Community Food Pantry

Municipal Workplace Wellness

BE IT FURTHER RESOLVED that in order to promote wellness within Federalsburg, and to set an example for other businesses, the Mayor and Council of Federalsburg pledge to adopt and implement a workplace wellness policy that will:

- Make healthy foods available in the municipal workplace using the following strategy(ies):
 - Ensure that water is readily available in municipally owned buildings
 - Establish a controlled vending machine policy
- Encourage physical activity in the municipal workplace using the following strategy(ies):

1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes that this is crucial for ensuring transparency and accountability in the organization's operations.

2. The second part of the document outlines the specific procedures and protocols that must be followed when recording transactions. This includes details on how to categorize expenses, how to handle receipts, and the frequency of reporting.

3. The third part of the document addresses the role of the finance department in monitoring and auditing the records. It highlights the need for regular reviews and the importance of identifying any discrepancies or irregularities.

4. The fourth part of the document discusses the consequences of failing to maintain accurate records. It notes that this can lead to legal issues, financial penalties, and a loss of trust from stakeholders.

5. The fifth part of the document provides a summary of the key points and offers recommendations for ensuring compliance with the relevant regulations. It encourages all employees to take their responsibilities seriously and to report any concerns immediately.

6. The sixth part of the document includes a list of resources and contacts for further information. This includes links to relevant legislation, internal policies, and the names of key personnel responsible for oversight.

7. The seventh part of the document concludes with a statement of intent to ensure that all employees are fully informed and equipped to meet their obligations.

8. The eighth part of the document provides a final overview of the document's structure and a call to action for all employees to read and understand the content.

9. The ninth part of the document includes a section for employee acknowledgment and signature, ensuring that each individual has read and understood the document.

10. The tenth part of the document provides a final summary and reiterates the organization's commitment to transparency and ethical conduct.

- Establish physical activity breaks for meetings over two hours in length
- Allow/encourage walking meetings for different groups and organizations.
- Involve the municipal staff in determining your city/towns' policy needs around municipal workplace wellness using the following strategy/ies:
 - Convene a Workplace Wellness Committee

Implementation

BE IT FURTHER RESOLVED that the head of each affected agency or department should report back to the Mayor and Council of Federalsburg Council annually regarding steps taken to implement the Resolution, additional steps planned, and any desired actions that would need to be taken by the Council.


BE IT FURTHER RESOLVED that the Mayor and Council of Federalsburg Staff shall work with HEAL Cities & Towns Campaign Staff to explore HEAL policies and to identify those policies that are suitable for the Mayor and Council of Federalsburg's unique local circumstances.

BE IT FURTHER RESOLVED that appointed committees will report back to this Council with recommendations not later than **120** days from the date of this Resolution.

ADOPTED, SIGNED and APPROVED this 1 day of June , 2015.

Yea/Nay	
William P. Beall	<u> YEA </u>
Kenneth W. Abner	<u> YEA </u>
Edward H. Windsor	<u> YEA </u>
David K. Morean	<u> YEA </u>
Charles K. Planner	<u> YEA </u>

I hereby certify that the above Resolution was passed by a yea and nay vote of the Council this 1st day of June , 2015.



 William P. Beall, Mayor

Delivered by the Mayor and recorded by me in the Minute Books of the Mayor and Council of Federalsburg this 1 day of June , 2015.

 Shirley A. Greene, Town Clerk

Approved as to form:

The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that every entry should be supported by a valid receipt or invoice. This ensures transparency and allows for easy verification of the data.

In addition, the document highlights the need for regular audits. By conducting periodic reviews, any discrepancies can be identified and corrected promptly. This proactive approach helps in maintaining the integrity of the financial information.

Furthermore, it is noted that clear communication is essential. All stakeholders involved in the process should be kept informed of any changes or updates. This helps in aligning everyone's efforts and ensures that the system remains effective and efficient.

The second section focuses on the implementation of the proposed system. It details the steps required to integrate the new software with existing databases and systems. This includes data migration, testing, and training staff to use the new platform.

A key consideration is the security of the data. Robust security measures must be in place to protect sensitive information from unauthorized access. This involves implementing strong passwords, encryption, and regular security updates.

Another important aspect is the user interface. The system should be designed to be user-friendly, allowing staff to perform their tasks efficiently. Comprehensive training and support should be provided to ensure a smooth transition to the new system.

Finally, the document outlines the ongoing maintenance and support requirements. Regular updates and technical assistance are necessary to keep the system running smoothly and to address any issues that may arise.

The third part of the document provides a detailed overview of the system's capabilities. It lists the various features and functions that will be available to users, such as automated reporting, real-time monitoring, and flexible customization options.

These features are designed to streamline operations and reduce the time spent on manual tasks. By leveraging the system's capabilities, users can make more informed decisions and improve overall productivity.

The document also includes a list of key performance indicators (KPIs) that will be used to measure the system's effectiveness. These metrics will help in evaluating the system's impact on the organization's performance and identifying areas for further improvement.

In conclusion, the document provides a comprehensive plan for the successful implementation and use of the new system. It covers all aspects from initial setup to ongoing maintenance, ensuring that the organization is well-prepared for the transition.

Brynja M. Booth
Brynja M. Booth, Town Attorney

