

RESOLUTION NO. R-25-14

RESOLUTION OF THE MAYOR AND CITY COUNCIL TO JOIN THE
HEALTHY EATING ACTIVE LIVING (HEAL) CITIES AND TOWNS CAMPAIGN

WHEREAS, the Maryland Municipal League (MML) entered into a memorandum of understanding with the Institute for Public Health Innovation to work collaboratively on the Healthy Eating Active Living (HEAL) Cities and Towns Campaign; and

WHEREAS, the HEAL Cities and Towns Campaign aims to support Maryland cities and towns to create healthier communities and to develop policies to reduce obesity; and

WHEREAS, more than half of Maryland's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in three youth in Maryland is overweight or obese, where more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Marylanders; and

WHEREAS, supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; and

WHEREAS, it is in the best interest of the City to join the HEAL Cities and Towns Campaign; and

NOW, THEREFORE, BE IT RESOLVED that the City of Gaithersburg joins the HEAL campaign, and to promote the health and well-being of all residents and employees and to be a model for wellness, the City of Gaithersburg pledges to:

- convene a Workplace Wellness Committee with the aim of improving the municipal work environment and encouraging employees to make healthier lifestyle choices
- prioritize the implementation of the goals outlined in the Bike Master Plan to enhance the ease of travel and safety for bicyclists
- designate lactation space within each City facility for employees who are breast feeding

- pilot a healthy vending policy in the City's recreation facilities to increase the opportunity for employees and the public to have access to more nutritious foods

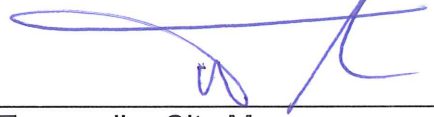
AND BE IT FURTHER RESOLVED, that the Department of Parks, Recreation, and Culture will provide an annual report regarding the steps taken to implement this resolution and additional steps planned.

ADOPTED by the City Council this 5th day of May, 2014.



SIDNEY A. KATZ, MAYOR and
President of the Council

THIS IS TO CERTIFY, that the foregoing Resolution was adopted by the City Council, in public meeting assembled on the 5th day of May, 2014.



Tony Tomasello, City Manager