

R-63-2018 - A Resolution Setting Forth the City of Glenarden's Commitment To Healthy Eating, Active Living (HEAL)

**Council of the City of Glenarden, Maryland
2018 Legislation**

Resolution No: R-63-2018
Introduced By: Deborah Eason, Council President
Co-Sponsors:
Session: Regular Session
Date of Introduction: March 12, 2018

**A Resolution Setting Forth the City of Glenarden's Commitment To
Healthy Eating, Active Living (HEAL)**

WHEREAS, In January 2013, the Maryland Municipal League entered into a memorandum of understanding with the Institute for Public Health Innovation to work collaboratively on the Healthy Eating, Active Living ("HEAL") Cities & Towns Campaign; and

WHEREAS, the City of Glenarden has the ability to affect the health of its residents and its work force; and

WHEREAS, high rates of costly chronic disease among both children and adults have been correlated to environments with few or no options for healthy eating and active living; and

WHEREAS, some statistical evidence supports the premise that more than half of Maryland's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, arthritis, stroke, and hypertension; and

WHEREAS, more children are being diagnosed with disease previously seen in adults such as Type 2 diabetes and heart disease; and

WHEREAS, nutrition education can help encourage healthier food choices; and

WHEREAS, a sedentary lifestyle and poor eating habits can take a significant toll on the health and productivity of all Marylanders; and

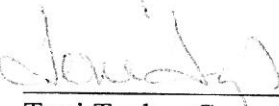
WHEREAS, the annual cost to Maryland in medical bills, workers compensation, and loss of productivity due to being overweight, or reduced physical activity is estimated at over \$3 billion; and

WHEREAS, supporting the health of residents and the workforce could improve productivity, increase energy levels, decrease chronic diseases and health care cost.

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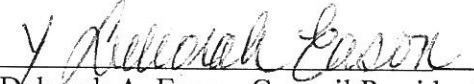
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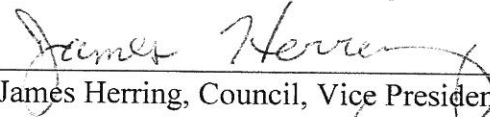


Toni Taylor, Council Clerk

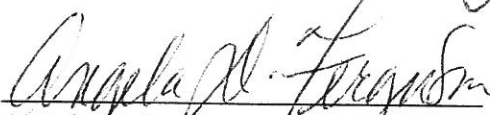
City Council of Glenarden



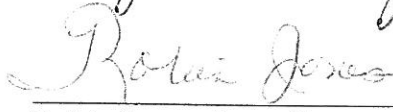
Deborah A. Eason, Council President




James Herring, Council, Vice President



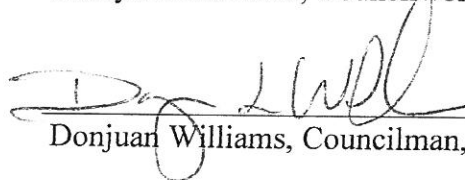
Angela D. Ferguson, Councilwoman



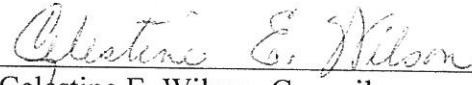
Robin Jones, Councilwoman



Carolyn Smallwood, Councilwoman



Donjuan Williams, Councilman,



Celestine E. Wilson, Councilwoman

Yea 0

Nay 0

Abstain 0