

MOTION: SEBESKY

**July 23, 2018
Regular Meeting
Res. No. R-2019-05**

SECOND: BASS

RE: RESOLUTION SUPPORTING THE HEALTHY EATING ACTIVE LIFESTYLE (HEAL) CITIES & TOWNS CAMPAIGN

WHEREAS, the Healthy Eating Active Living (HEAL) Cities & Towns Campaign for the Mid-Atlantic is an initiative of the Institute of Public Health Innovation through a strategic partnership with the Virginia and Maryland Municipal Leagues; and

WHEREAS, in January 2013, the Virginia Municipal League (VML) entered into a memorandum of understanding with the Institute for Public Health Innovation to work collaboratively on the HEAL Cities & Towns Campaign; and

WHEREAS, the policies and practices of (VML) members, including the City of Manassas, have the ability to affect the health of its residents; and

WHEREAS, planning and constructing an environment in the City of Manassas that encourages walking, biking, and other forms of physical activity has the ability to improve the quality of life and good mental health of our citizens; and

WHEREAS, high rates of costly chronic disease among both children and adults are correlated to environments with few or no options for healthy eating and active living; and

WHEREAS, more than half of Virginia's adults and one in three youth are overweight or obese and therefore at risk for many chronic conditions; and


WHEREAS, lack of an healthy eating and an active lifestyle takes a tremendous toll on the health and productivity of all Virginians, and costs, in medical bills, workers compensation and lost productivity, can exceed \$3 billion statewide; and

WHEREAS, supporting the health of residents and the local workforce has the ability to decrease chronic disease and health care costs and increase productivity:

NOW, THEREFORE, BE IT RESOLVED that the City of Manassas does hereby recognize that a lack of healthy eating and an active lifestyle is a serious public health threat to the health and well-being of adults, children and families in the City of Manassas and a commitment is needed to put healthy choices within reach of all residents; and

BE IT FURTHER RESOLVED that the City of Manassas is in the process of undertaking the following efforts:

- Considering the inclusion of provisions in the upcoming Comprehensive Plan update that promote bikeability and walkability in the City of Manassas such as adopting a Complete Streets Policy and painting bike lanes/share use ("sharrows") when re-paving/painting roads;
- Continuing to work towards the implementation of the 2016 Parks, Recreation and Cultural Needs Assessment and Facilities Plan;
- Encouraging the use and acceptance of SNAP/EBT funds at the City's Farmer's Market; and,
- Encouraging physical activity in the City's workplace by supporting such initiatives as Bike to Work Day and other wellness initiatives.


Harry J. Parrish II Mayor
On behalf of the City Council
of Manassas, Virginia

ATTEST:


Andrea P. Madden City Clerk

Votes:

Ayes: Aveni, Bass, Elston, Lovejoy, Sebesky, and Wolfe

Nays: None

Absent from Vote: None

Absent from Meeting: None