

RESOLUTION 2016- 09

RESOLUTION OF THE MAYOR AND CITY COUNCIL OF OCEAN CITY TO JOIN THE HEALTHY EATING ACTIVE LIVING (HEAL) CITIES AND TOWNS CAMPAIGN

WHEREAS, the Maryland Municipal League entered into a memorandum of understanding with the Institute for Public Health Innovation to work collaboratively on the HEAL Cities and Towns Campaign; and

WHEREAS, the HEAL Cities and Towns Campaign aims to support Maryland cities and towns to create healthier communities and to develop policies to reduce obesity; and

WHEREAS, the Town of Ocean City has the ability to affect the health of its residents; and

WHEREAS, more than half of Maryland's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke and, hypertension; and

WHEREAS, one in three youth in Maryland is overweight or obese and more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, obesity takes a tremendous toll on the health and productivity of all Marylanders; and

WHEREAS, supporting the health of residents and local workforce would decrease chronic disease and health care costs and increase productivity; and

WHEREAS, the Town of Ocean City has committed to offering health and wellness initiatives;

NOW, THEREFORE, BE IT RESOLVED that the Mayor and City Council of Ocean City hereby joins the HEAL campaign and adopts this HEALTHY EATING ACTIVE LIVING resolution.

BE IT FURTHER RESOLVED that the Mayor and City Council of Ocean City pledges to:

- Make every effort to design streets/roads to be safe for all users (motorists, bicycles, pedestrians, handicapped) by working toward more bike connecting trails, lanes and directional signage in Ocean City
- Make every effort to:
 - Offer healthy food choices through Recreation and Parks run concession stands
 - Work toward making healthy food choices available in Recreation and Parks Vending Machines
 - Establish a healthy Vending Policy

- Promote county wide Farmers Markets through materials provided by the Worcester County Health Department
- Promote wellness within the Town of Ocean City, and to set an example for other businesses by adopting and implementing a workplace wellness policy that will:
 - Establish the Town of Ocean City as a Healthiest Maryland Business designation by the Maryland Department of Health and Mental Hygiene
 - Offer employee nutrition and physical activity programs to all Town of Ocean City Employees
 - Distribute health related materials to employees for reference on good health practices

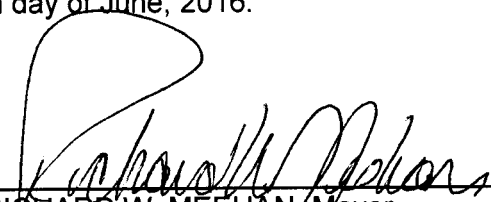
BE IT FURTHER RESOLVED that the Department of Recreation and Parks will provide an annual report regarding steps taken to implement the Resolution and additional steps planned.

RESOLVED AND EFFECTIVE this 6th day of June, 2016.

ATTEST:




 DIANA L. CHAVIS, Clerk



 RICHARD W. MEEHAN, Mayor


Approved as to form:



 LLOYD MARTIN, President



 GUY R. AYRES III, City Solicitor



 MARY P. KNIGHT, Secretary