

Board of Supervisors  
County of Prince George, Virginia

Resolution

At a regular meeting of the Board of Supervisors of the County of Prince George held in the Boardroom, Third Floor, County Administration Building, 6602 Courts Drive, Prince George, Virginia this 26<sup>th</sup> day of May, 2015:

---

<u>Present:</u>	<u>Vote:</u>
William A. Robertson, Jr., Chairman	Aye
Jerry J. Skalsky, Vice-Chairman	Aye
Alan R. Carmichael	Aye
William F. Gandel	Aye
Melvin C. Jones, Sr.	Aye

---

C-2

On motion of Mr. Skalsky, seconded by Mr. Gandel, which carried unanimously, the following Resolution was adopted:

RESOLUTION TO JOIN THE HEAL CITIES AND TOWNS CAMPAIGN TO  
ADVANCE HEALTHY EATING AND ACTIVE LIVING IN PRINCE  
GEORGE COUNTY

WHEREAS, in January 2013, the Virginia Municipal League entered into a memorandum of understanding with the Institute for Public Health Innovation to work collaboratively on the HEAL Cities & Towns Campaign; and

WHEREAS, Prince George County has the ability to affect the health of its residents; and

WHEREAS, planning and constructing a built environment that encourages walking, biking, and other forms of physical activity can promote health; and

WHEREAS, high rates of costly chronic disease among both children and adults are correlated to environments with few or no options for healthy eating and active living; and

WHEREAS, more than half of Virginia's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, one in three youth in Virginia is overweight or obese; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Virginians; and


WHEREAS, the annual cost to Virginia—in medical bills, workers compensation and lost productivity— for overweight, obesity, and physical inactivity exceeds \$3 billion; and

WHEREAS, supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity;

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Prince George County this 26<sup>th</sup> day of May, 2014, does hereby recognize that obesity is a serious public health threat to the health and wellbeing of adults, children and families in Prince George County and a commitment is needed to put healthy choices within reach of all residents. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices; and

BE IT FURTHER RESOLVED that Prince George County adopts this Healthy Eating Active Living resolution and strives to promote wellness within Prince George County, and to set an example for its residents.

A Copy Teste:

  
Percy C. Ashcraft  
County Administrator