

*W. H. H. H.*

IN THE COUNCIL OF THE CITY OF ROANOKE, VIRGINIA  
The 15th day of September, 2014.

No. 40061-091514.

A RESOLUTION supporting the Virginia Municipal League's Healthy Eating Active Living (HEAL) initiative.

WHEREAS, in January 2013, the Virginia Municipal League (VML) entered into a memorandum of understanding with the Institute for Public Health Innovation to work together on the Healthy Eating Active Living (HEAL) Cities & Towns Campaign;

WHEREAS, high rates of costly chronic disease among both children and adults are correlated to environments with few or no options for healthy eating and active living;

WHEREAS, the City of Roanoke is committed to the health and wellness of its employees and citizens;

WHEREAS, the City of Roanoke plans and constructs an environment that encourages physical activity to promote health and wellness;

WHEREAS, the City of Roanoke is home to 70 public parks and more than 16 miles of greenway;

WHEREAS, the City of Roanoke maintains various major thoroughfares within the City including bicycle lanes, totaling 25 miles;

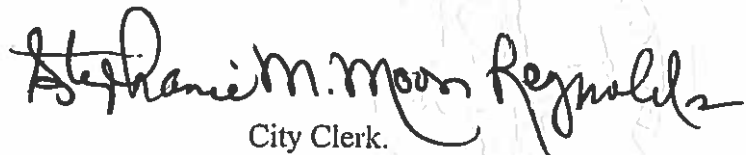
WHEREAS, the City of Roanoke has an employee bicyclist group that participates in group bike rides throughout the area;

WHEREAS, supporting the health of residents and the workforce decreases chronic disease and health care costs and increases productivity; and

WHEREAS, the City of Roanoke is committed to continuing partnerships with the Roanoke City Public Schools, United Way of Roanoke Valley, Healthy Roanoke Valley, New Horizons Healthcare, the Virginia Department of Health, Carilion Clinic, YMCA of Roanoke Valley, Feeding America Southwest Virginia, the Virginia Cooperative Extension and the Roanoke Community Garden Association to promote healthy lifestyles and lower the rates of chronic conditions such as obesity, diabetes, heart disease, cancer, arthritis, stroke, and hypertension.

NOW, THEREFORE, BE IT RESOLVED that the Council of the City of Roanoke does hereby recognize that chronic health conditions are a serious threat to the health and well-being of adults, children and families, and a commitment is needed to put healthy choices within reach of all residents, and to this end, adopts this Healthy Eating Active Living (HEAL) resolution and commits to continue its partnership with non-profit health service providers and non-profit groups that promote healthy lifestyles.

ATTEST:

  
City Clerk.